



For certain patients with cancer of the tube that connects your throat to your stomach (esophageal cancer)

**TEVIMBRA**<sup>®</sup>  
(tislelizumab-jsgr)  
Injection, for intravenous use 10 mg/mL

# TAKING ON ESCC

## THE CAREGIVER'S GUIDE TO SUPPORT

This guide includes recommendations on how to provide **medical, practical, and emotional support** for both your loved one and yourself throughout the treatment experience.

### FDA-Approved Indications

TEVIMBRA is a prescription medicine used to treat adults with:

- cancer of the tube that connects your throat to your stomach (esophageal cancer).
  - TEVIMBRA may be used in combination with chemotherapy that contains platinum as your first treatment when your esophageal cancer:
    - ◆ is a type called squamous cell carcinoma, **and**
    - ◆ cannot be removed with surgery or has spread to other parts of the body (metastatic), **and**
    - ◆ your tumor tests positive for “PD-L1.”

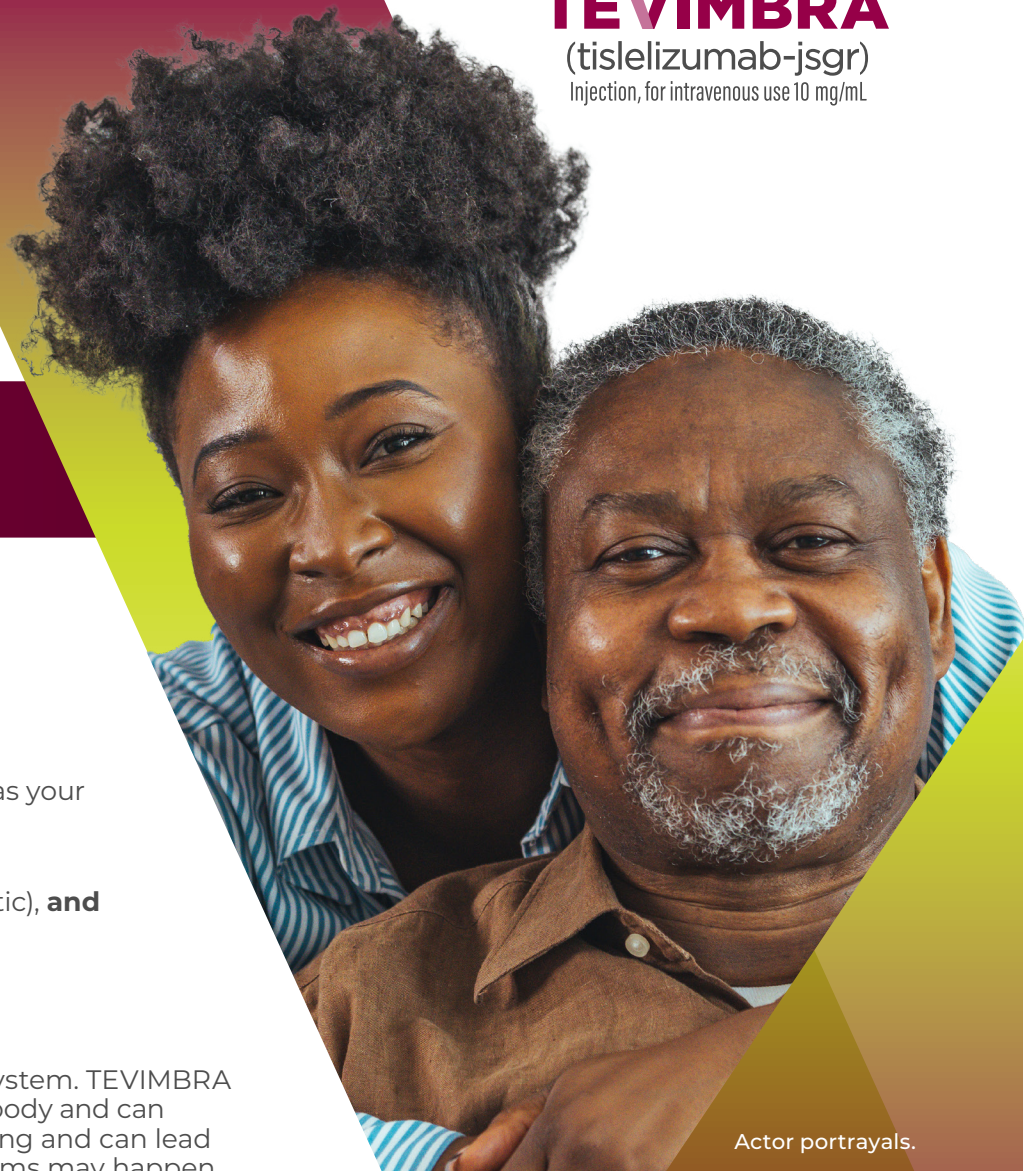
It is not known if TEVIMBRA is safe and effective in children

### Important Safety Information

TEVIMBRA is a medicine that may treat certain cancers by working with your immune system. TEVIMBRA can cause your immune system to attack normal organs and tissues in any area of your body and can affect the way they work. These problems can sometimes become severe or life-threatening and can lead to death. You can have more than one of these problems at the same time. These problems may happen anytime during treatment or even after your treatment has ended.

ESCC, esophageal squamous cell carcinoma.

Please read the [Medication Guide](#) for TEVIMBRA and discuss it with your loved one's doctor. The physician [Prescribing Information](#) also is available.



Actor portrayals.

**GET STARTED**

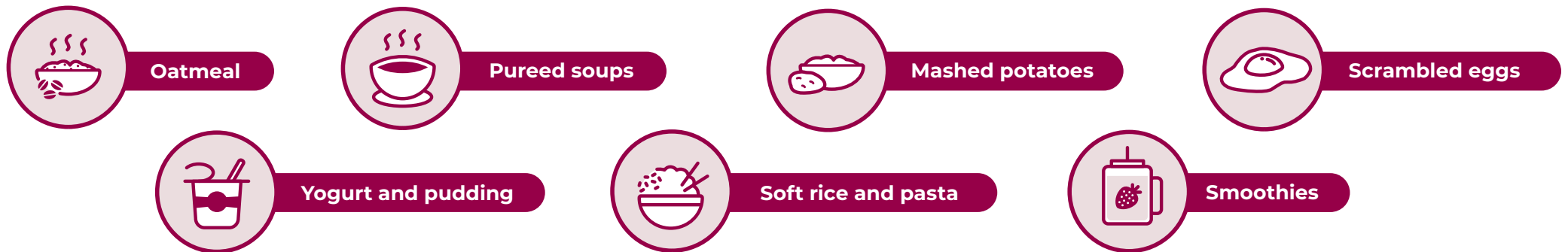


# What is ESCC?

ESCC stands for esophageal squamous cell carcinoma, a cancer that affects the esophagus, the tube connecting the throat and stomach

Because of where the cancer is located, it can cause some troublesome symptoms, such as impacting one's ability to swallow. This can make eating very challenging and can lead to significant weight loss. It is important that people with ESCC have access to foods that are soft, moist, and easy to swallow.

**As a caregiver, you can ensure your loved one is consuming the nutrients they need by preparing snacks and meals, such as:**



Some people with esophageal cancer may require a feeding tube. Feeding tubes can be very helpful for those having difficulty swallowing, eating, and drinking. If a feeding tube is needed, it is placed in the stomach or the small intestine. It can be used for liquid forms of food or medicine. Your loved one's healthcare team will teach you how to care for and clean the equipment. If you have any questions, be sure to ask your healthcare team.

## Important Safety Information (cont'd)

Call or see your healthcare provider right away for new or worsening symptoms, including:

**Lung problems:** New or worsening cough, shortness of breath, chest pain.

**Intestinal problems:** Diarrhea (loose stools) or more bowel movements than usual; stools that are black, tarry, sticky, or have blood or mucus; severe stomach-area (abdomen) pain or tenderness.

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# What is TEVIMBRA?

TEVIMBRA is a type of infusion treatment\* known as immunotherapy† that works with the T cells in a person's immune system

- In a healthy immune system, T cells are “switched on” and can travel through the body to look for and eliminate disease and infection
- When a person has cancer, many of these T cells are “switched off” and are therefore unable to find and destroy cancer cells
- TEVIMBRA works with your loved one's immune system by attaching to these T cells and “switching them back on”

\*A treatment in which medication is administered directly into the bloodstream intravenously.

†A treatment that enhances the immune system to more efficiently target and eliminate cancer cells.

## What are the results with TEVIMBRA?

TEVIMBRA has been proven to help people with ESCC whose tumor tests positive for PD-L1, such as your loved one, live longer

In clinical trials, people receiving TEVIMBRA in combination with chemotherapy:

- **Lived longer:** At ~17 months, half of people receiving TEVIMBRA + chemotherapy were alive, while at ~10 months, half of people receiving placebo + chemotherapy were alive
- **Were more likely to see their tumor shrink:** ~6 out of 10 people (134 out of 231) saw their tumor shrink compared to ~4 out of 10 people (90 out of 250) who received placebo + chemotherapy
- **Continued to benefit:** More people who received TEVIMBRA + chemotherapy (21% of patients) were still alive at 3 years than those who received placebo + chemotherapy (14% of patients)

### Important Safety Information (cont'd)

Call or see your healthcare provider right away for new or worsening symptoms, including:

**Liver problems:** Yellowing of your skin or the whites of your eyes, severe nausea or vomiting, pain on the right side of your stomach area (abdomen), dark urine (tea colored), bleeding or bruising more easily than normal.

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Actor portrayal.

# How to help throughout infusion treatment

Being a caregiver to someone with cancer is a critical role. It is important to remember that there are ways to make the journey more manageable for both you and your loved one.



Actor portrayals.

Providing support during infusions is a great way to be there for your loved one.

## Consider some of the actions below:

- **Offer to provide transportation** to and from the treatment center. If you are unable to provide transportation, explore alternative options by asking a friend or family member to help, arranging a ride share, or talking with their doctor about other resources the practice might offer
- **Help your loved one prepare for infusion appointments by packing** things like a warm sweater, a pillow and blanket, books, a tablet, a charger, headphones or earplugs, healthy snacks, and beverages
- **Coordinate with the healthcare team** to understand and keep up to date with the treatment schedule
- **Keep a notebook** with you to record information regarding your loved one's treatment, symptoms, and medications
- **Provide support and companionship** to your loved one during infusion sessions

## Important Safety Information (cont'd)

Call or see your healthcare provider right away for new or worsening symptoms, including:

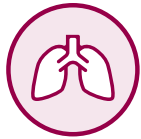
**Hormone gland problems:** Headaches that will not go away or unusual headaches; eye sensitivity to light; eye problems; rapid heartbeat; increased sweating; extreme tiredness; weight gain or weight loss; feeling more hungry or thirsty than usual; urinating more often than usual; hair loss; feeling cold; constipation; your voice gets deeper; dizziness or fainting; changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness.

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# Side effect management

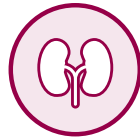
While going through TEVIMBRA treatment, your loved one may experience some side effects.

**These side effects could include any of the following:**



## Lung problems

- New or worsening cough
- Shortness of breath
- Chest pain



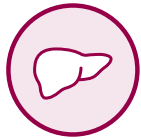
## Kidney problems

- Decrease in the amount of urine
- Blood in the urine
- Swelling of the ankles
- Loss of appetite



## Intestinal problems

- Diarrhea (loose stools) or more bowel movements than usual
- Stools that are black, tarry, sticky, or have blood or mucus
- Severe stomach area (abdomen) pain or tenderness



## Liver problems

- Yellowing of the skin or the whites of the eyes
- Severe nausea or vomiting
- Pain on the right side of the stomach area (abdomen)
- Dark urine (tea colored)
- Bleeding or bruising more easily than normal



## Skin problems

- Rash
- Itching
- Skin blistering or peeling
- Painful sores or ulcers in the mouth or in the nose, throat, or genital area
- Fever or flu-like symptoms
- Swollen lymph nodes



## Hormone gland problems

- Headaches that will not go away or unusual headaches
- Eye sensitivity to light
- Eye problems
- Rapid heartbeat
- Increased sweating
- Extreme tiredness
- Weight gain or weight loss
- Feeling more hungry or thirsty than usual
- Urinating more often than usual
- Hair loss
- Feeling cold
- Constipation
- The voice gets deeper
- Dizziness or fainting
- Changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness

## Important Safety Information (cont'd)

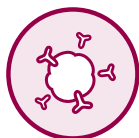
Call or see your healthcare provider right away for new or worsening symptoms, including:

**Kidney problems:** Decrease in your amount of urine, blood in your urine, swelling in your ankles, loss of appetite.

**Skin problems:** Rash; itching; skin blistering or peeling; painful sores or ulcers in your mouth or in your nose, throat, or genital area; fever or flu-like symptoms; swollen lymph nodes.

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# Side effect management (cont'd)



## Immune system problems in other organs

- Chest pain, irregular heartbeat, shortness of breath, swelling of ankles
- Confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs
- Double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight
- Persistent or severe muscle pain or weakness, muscle cramps
- Low red blood cells, bruising



## Reactions during or shortly after the infusion that can sometimes be severe or life-threatening:

- Chills or shaking
- Itching or rash
- Flushing
- Shortness of breath or wheezing
- Dizziness
- Feeling like passing out
- Fever
- Back or neck pain



You can help observe and take note of any potential side effects, and **proactively communicate them to your loved one's healthcare provider**

## Important Safety Information (cont'd)

Call or see your healthcare provider right away for new or worsening symptoms, including:

**Problems can also happen in other organs and tissues.** These are not all of the signs and symptoms of immune system problems that can happen with TEVIMBRA. Call or see your healthcare provider right away for new or worsening symptoms, which may include: chest pain, irregular heartbeat, shortness of breath, swelling of ankles; confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs; double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight; persistent or severe muscle pain or weakness, muscle cramps; low red blood cells, bruising.

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# Support services for you and your loved one

Helpful resources are available to both you and your loved one throughout the treatment journey.



ECAN's mission is to save lives by sounding the alarm that reflux disease can cause cancer, promoting early detection, supporting increased Esophageal Cancer research, and providing trustworthy education and compassionate support to patients and families.

[ecan.org](http://ecan.org)



CSC is a global nonprofit network with 190 locations, including CSC and Gilda's Club centers as well as healthcare partnerships. These locations, along with a toll-free helpline, digital services, and award-winning education materials, provide \$50 million in free support services to patients and families each year.

[cancersupportcommunity.org](http://cancersupportcommunity.org)

888-793-9355



CancerCare is the leading national organization providing free professional support services and information to help manage the emotional, practical, and financial challenges of cancer. Resources include counseling, educational workshops, and copayment assistance provided by prepared social workers and world-leading cancer experts.

[cancer.org](http://cancer.org)

800-813-4673

## Important Safety Information (cont'd)

Call or see your healthcare provider right away for new or worsening symptoms, including:

**Infusion reactions that can sometimes be severe or life-threatening. Signs or symptoms of infusion reactions may include:** Chills or shaking, itching or rash, flushing, shortness of breath or wheezing, dizziness, feeling like passing out, fever, back or neck pain.

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# Your well-being matters too

Being a caregiver for your loved one with ESCC is rewarding and necessary, but it can also be challenging. Remember to take care of yourself, so you can provide the best care to your loved one.

**Here are some ways you can maintain your well-being, both physically and mentally:**

- ✓ **Seek support:** Join support groups that allow you to share your experiences and get guidance from other caregivers.
- ✓ **Delegate responsibilities:** When you feel that you have too much on your plate or need a break, reach out to other trusted individuals who can help you with your caregiving responsibilities.
- ✓ **Care for your own health:** Eat a balanced diet, stay hydrated, get adequate sleep, and attend your own appointments.
- ✓ **Practice self-care:** Continue to do the things you love and spend time with the people you love to allow yourself time to relax and have fun.
- ✓ **Focus on positives:** Celebrate every success (no matter how small) and embrace your time spent with your loved one.

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Actor portrayals.



# Important Safety Information

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Call or see your healthcare provider right away for new or worsening symptoms, including:

**Lung problems:** New or worsening cough, shortness of breath, chest pain.

**Intestinal problems:** Diarrhea (loose stools) or more bowel movements than usual; stools that are black, tarry, sticky, or have blood or mucus; severe stomach-area (abdomen) pain or tenderness.

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**Hormone gland problems:** Headaches that will not go away or unusual headaches; eye sensitivity to light; eye problems; rapid heartbeat; increased sweating; extreme tiredness; weight gain or weight loss; feeling more hungry or thirsty than usual; urinating more often than usual; hair loss; feeling cold; constipation; your voice gets deeper; dizziness or fainting; changes in mood or behavior, such as decreased sex drive, irritability, or forgetfulness.

**Kidney problems:** Decrease in your amount of urine, blood in your urine, swelling in your ankles, loss of appetite.

**Skin problems:** Rash; itching; skin blistering or peeling; painful sores or ulcers in your mouth or in your nose, throat, or genital area; fever or flu-like symptoms; swollen lymph nodes.

**Problems can also happen in other organs and tissues.** These are not all of the signs and symptoms of immune system problems that can happen with TEVIMBRA. Call or see your healthcare provider right away for new or worsening symptoms, which may include: chest pain, irregular heartbeat, shortness of breath, swelling of ankles; confusion, sleepiness, memory problems, changes in mood or behavior, stiff neck, balance problems, tingling or numbness of the arms or legs; double vision, blurry vision, sensitivity to light, eye pain, changes in eyesight; persistent or severe muscle pain or weakness, muscle cramps; low red blood cells, bruising.

**Infusion reactions that can sometimes be severe or life-threatening. Signs or symptoms of infusion reactions may include:** Chills or shaking, itching or rash, flushing, shortness of breath or wheezing, dizziness, feeling like passing out, fever, back or neck pain.

**Rejection of a transplanted organ or tissue.** Your healthcare provider should tell you what signs and symptoms you should report and monitor you, depending on the type of organ transplant that you have had.

**Please read the [Medication Guide](#) for TEVIMBRA and discuss it with your loved one's doctor. The physician [Prescribing Information](#) also is available.**

# Important Safety Information (cont'd)

**Complications, including graft-versus-host-disease (GVHD), in people who have received a bone marrow (stem cell) transplant that uses donor stem cells (allogeneic).** These complications can be serious and can lead to death. These complications may happen if you underwent transplantation either before or after being treated with TEVIMBRA. Your healthcare provider will monitor you for these complications.

**Getting medical treatment right away may help keep these problems from becoming more serious.** Your healthcare provider will check you for these problems during your treatment with TEVIMBRA. Your healthcare provider may treat you with corticosteroid or hormone replacement medicines. Your healthcare provider may also need to delay or completely stop treatment with TEVIMBRA if you have severe side effects.

**Before receiving TEVIMBRA, tell your healthcare provider about all of your medical conditions, including if you:**

- have immune system problems such as Crohn's disease, ulcerative colitis, or lupus
- have received an organ or tissue transplant, including corneal transplant
- have received or plan to receive a stem cell transplant that uses donor stem cells (allogeneic)
- have received radiation treatment to your chest area
- have a condition that affects your nervous system, such as myasthenia gravis or Guillain-Barré syndrome
- are pregnant or plan to become pregnant. TEVIMBRA can harm your unborn baby.

Females who are able to become pregnant:

- Your healthcare provider will do a pregnancy test before you start treatment with TEVIMBRA.
  - You should use an effective method of birth control during your treatment and for 4 months after your last dose of TEVIMBRA. Talk to your healthcare provider about birth control methods that you can use during this time.
  - Tell your healthcare provider right away if you become pregnant or think you may be pregnant during treatment with TEVIMBRA.
- are breastfeeding or plan to breastfeed. It is not known if TEVIMBRA passes into your breast milk. Do not breastfeed during treatment with TEVIMBRA and for 4 months after your last dose of TEVIMBRA.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

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Visit [TEVIMBRA.com](https://www.tevimbra.com) for more information  
about the treatment process

## Important Safety Information (cont'd)

### What are the possible side effects of TEVIMBRA?

TEVIMBRA may cause serious side effects. See “What is the most important information I should know about TEVIMBRA?”

**The most common side effects of TEVIMBRA when used in combination with platinum-containing chemotherapy include:** decreased white blood cell count; decreased salt (sodium) in your blood; increased glucose in your blood; decreased red blood cell count (anemia); tiredness; decreased appetite; increase in certain liver blood tests; decreased potassium in your blood; increase in certain kidney blood tests; decreased calcium in your blood; diarrhea; mouth sores; and vomiting.

These are not all the possible side effects of TEVIMBRA. Talk to your health care provider for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](https://www.fda.gov/medwatch) or call 1-800-FDA-1088.

**Please read the Medication Guide for TEVIMBRA and discuss it with your loved one's doctor. The physician Prescribing Information also is available.**

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